










2021 Hour Bryce Conquer The Mountain (ROT) Rules of Travel

LEG 01		Distance 6 Miles		Bryce Resort to Lake Laura	
 	<u>Emergency</u> 911		Map # 1 & 3 		Trek from the base of the mountain to the top of the main ski lift to transition to your bike. Bike to CP-A via designated bike trail (Old Fashioned) down the mountain. You must obey all traffic laws while riding on all roads. The road will be open to public traffic the entire race. (Racers cannot go on the golf course during the race) . After CP-C, bike to TA 1 Lake Laura Dam.
	Race Director 202-438-9084		CP#'s 8 CP 1- 4 & A – C *CP F		
Additional Information					
Prologue to Lake Laura TA1				Limited cell phone service	<p>Checkpoint 1: Revenuers Run Checkpoint 2: White Lighting Checkpoint 3: Red Eye Checkpoint 4: Airport</p> <p>Checkpoint A: Trail Intersection Checkpoint B: (Gas Line) Checkpoint C: (Red Trail) *Checkpoint F: Cave (Trekking only), (No Bikes) (Can be completed during Leg 1 or Leg 3)</p>
Team members need to acquire checkpoints CP1-CP4 before traveling to CP A. Bikes are not allowed on the Orkney Grade Trail. Teams must stay within 100 feet of team members at all times during the race. Acquire CP - (A,B,C & F) via trek only. (Use bike locks to secure bikes when dropping your bike in an unmanned area) ROT Legs must be completed in order. Checkpoints within each Leg can be acquired in any order.					

LEG 02		Distance 5 Miles				Lake Laura	
 	<u>Emergency</u> 911		Map # 2 		Before beginning this leg you must have completed Leg 01 CPA - CPC. Checkpoint 5: TA1/Bike Drop Checkpoint 6: Reentrant Checkpoint 7: Stream Checkpoint 8: Reentrant Checkpoint 9: Stream Checkpoint 10: Water – Kayak, Stream Checkpoint 11a: Water – Tube Checkpoint 11b: Water - Tube Checkpoint 12: Water – SUP Checkpoint 13: Challenge		
	Race Director 202-438-9084		CP#'s 10 CP 5 – 13				
Additional Information							
Lake Laura TA1	Filter All Water						
Lake Laura Dam - TA1 (Bike Drop) , Logistics: <u>Water challenges and trekking checkpoints</u> . Bike to CP 5. CP6 - CP13 must be acquired via foot or water, not bikes. Teams must stay within 100 feet of team members at all times during the race except during CP6 -CP13 the trekking and water challenge. This section of the race is called divide and conquer. One teammate must compete in the water challenges and (Kayak or SUP) while the other teammates must get the trekking checkpoints together. The Water Bucket Challenge can be completed by any team member or all team members together. Watercraft are first come, first go. If you choose to wait for a specific watercraft you will not be given a time credit. #1 Rule in Adventure Racing - Leave No Trace Behind!!!							