

# Race Passport - Conway Robinson Memorial State Forest, VA

## Sprint Adventure Race

Start/Finish	<b>Hint: Near the Pavilion at the front of the park</b>	CODE
Trek CP1	<b>Clue: On the trail, next to the bridge</b>	
Trek CP2	<b>Clue: Off the fire road near a stone monument near route 29</b>	
Trek CP3	<b>Clue: Follow the stream to the checkpoint</b>	
Trek CP4	<b>Clue: Follow the stream to the checkpoint, try not to get muddy!!!</b>	
Trek CP5	<b>Clue: In a swampy area and easy to see but if it rains you will get muddy.</b>	
Trek CP6	<b>Clue: In the open and easy to spot, crossing a big tree will help.</b>	
Bike CP7	<b>Clue: In a low lying area near the base of a fallen tree.</b>	
Bike CP8	<b>Clue: On top of the highest point in the park.</b>	
Bike CP9	<b>Clue: Close to the trail and easy to find, near a rock pile.</b>	
Bike CP10	<b>Clue: Follow the gray trail, down near the river.</b>	
Bike CP11	<b>Clue: Bushwhack from the bike drop to the river.</b>	
Bike CP12	<b>Clue: Follow the gray trail to this checkpoint.</b>	

### **Race Rules:** Adventure Course

**Trekking 6 Checkpoints** - The racers will start the running / trekking section of the race. The racers cannot acquire any biking checkpoints during the trekking section of the race. You will acquire those checkpoints via bike later in the race. You can get your trekking checkpoints in any order. After you get all six trekking checkpoints return to the transition area and check in with race officials before getting on your bikes to finish the race

**Bike 6 Checkpoints** - After racers have found the required checkpoints for the bike section go to the finish line and turn in your passport and finish the race.

**Mandatory Gear:** hydration system for fluids, biking helmet for bike section, race map and passport, and cell phone.  
Emergency Phone #:202-438-9084

\*\* Leave No Trace Behind – Keep our parks clean and beautiful\*\*, XXX sections are closed to bikes, please observe all signs on the course for your safety.