
























Conquer The Mountain (ROT) Rules of Travel (Rev3Endurance.com)

LEG 01		Distance 7 Miles	Gain approx: 1000 Loss approx: 1000	Bryce Mountain to Lake Laura
	Emergency 911	Map# 1&2	CP#'s 10	<p>Head from the base of the mountain to the top of the main ski lift and get your bike. Then head to CP-A via designated bike trail down the mountain. From CP-A head to Lake Laura via Resort Rd. You must obey all traffic laws while riding on the roads. (Racers cannot go on the golf course during the race).</p> <p>Start: Go to the top of Ski Lift\Bike Drop - Racer must take either Brew Thru (intermediate) trail or Sundowner (beginner) trail down the mountain to go to CTM A.</p> <p>Checkpoint CTM A: (Entrance to Sky Bryce Airport under Bryce Resort Map) (1) Checkpoint CTM B: Lake Laura Dam (Bike Drop) (1) Checkpoint CTM C: Water challenge, tube crossing (1) Checkpoint CTM D: Paddle challenge - SUP, water overflow platform (1) Checkpoint CTM E: Paddle challenge (Far side of the lake) - Kayak or Canoe (1) Checkpoint CTM F: West side incoming stream (1) Checkpoint CTM G: West of lake (sign at boat ramp) (1) Checkpoint CTM H: South side of lake on fence by feeder stream (1) Checkpoint CTM I: East side lake cove (1) Checkpoint CTM J: Below Dam - Bridge crossing stream to playground (1)</p>
	Race Director 202-438-9084			
Segments				
Transition Area Facilities				
	Lake Laura	Filter All Water		
Transition Areas @ Lake Laura, Logistics: Water challenge and Trekking checkpoints. Bike Drop at CTM B, team members can split up to acquire these checkpoints (CTM C to CTM J via foot or water, not bikes). Teams are allowed to divide and conquer on this section of the course (two passports). One racer can get the water checkpoints and some trekking checkpoints and the other can get trekking checkpoints.				

LEG 02		Distance 18 Miles	Gain approx: 5000 Loss approx: 5000	Lake Laura to Lost River State Park
	Emergency 911	Map#3&4	CP#9	<p>Leg Notes: Take Alum Springs Rd (SR 717) to Crooked Run Rd (SR 720) Drinking Water: Filter your water, Water available at Lost River State Park First Response: 911 then race director 202-438-9084</p> <p>Checkpoint CTM L: tree, (Woodland Church - Intersection 717Alum Spring Rd/720 Crooked Run Rd) (1) Checkpoint CTM XX: Mountain Top Radio Tower West Virginia State Line (1) Checkpoint CTM WW: Cell Phone pic with bike over head at the top of the mountain on the gas line by the Radio Tower (# on Instagram & Facebook #BryceConquerTheMountain #Rev3Endurance) (2 Points) Checkpoint CTM M: tree, (Intersection 259/Route 12 Howards Lick Rd) (1) Checkpoint CTM O: Howard's Lick Run Trail next to stream(1) Checkpoint CTM P: East Ridge & Park Drive TrailHead (1) Checkpoint CTM ZZ: Horse Stable parking lot (Bike Drop)(1) Checkpoint CTM N: Cranny Crow Overlook Shelter (tree)(1) Checkpoint CTM YY: Mountain Top Radio Tower Virginia State Line (5)</p>
	Race Director 202-438-9084			
Team Logistics & Equipment				
TA				Limited cell phone service
Transition Area Facilities				
	Lost River	Filter All Water		
<p>Checkpoint Notes: At Lake Laura and Lost River you may not ride bikes on hiking trails. Checkpoint CTM YY is worth 5 points. It can only be acquired if a racer gets at least one checkpoint in Lost River State Park (O,P,N,ZZ Checkpoint XX is the only mandatory checkpoint in the race. You have officially Conquered the Mountain!!!! Once ***CTM - YY, XX & ZZ are Manned Checkpoints</p>				

LEG 03		Distance 12 Miles	Gain approx: 2000 Loss approx: 2000		Lost River to Bryce Resort	
	Emergency 911		Map#3		<u>Team members must stay within 100 feet of each other during all legs of the race except Lake Laura!!!</u> Drinking Water: Filter your water Checkpoint CTM YY: Mountain Top Radio Tower (5) Already Acquired Checkpoint CTM L: tree, (Woodland Church - Intersection 717/720) Checkpoint CTM 10: tree, Intersection of Fairway Dr and Crooked Run Rd (1) Cross the stream to access Fairway Drive to get back to the Bryce Lodge and TA to finish the challenge and the final orienteering course to finish the race. (Orienteering flag with punch in stream) **Bike drop behind the Shenandoah Lodge at the base of the ski lift (Start\Finish\Challenge Area)	
	Race Director 202-438-9084		CP#1			
Team Logistics & Equipment						
Bike Drop						
Transition Area Facilities						
		Bryce Resort				
Checkpoint Notes: Limited Cell Phone Service						

LEG 04		Distance 4 Miles	Gain approx: 1200 Loss approx: 1200		Bryce Orienteering Course - (Sponsored by Zanfel)	
	Emergency 911	Map#5		<u>Leg 4 Notes: You can acquire checkpoints in any order. Team members must stay within 100 feet of each other during all legs of the race except Lake Laura!!!</u> Checkpoint CTM 1: Under Bridge Fairway Drive & Straton Way(1) Checkpoint CTM 2: Snow Tubing Hill (Fence) (1) Checkpoint CTM 3: Bush at the south end of Airstrip (Right Side) (1) Checkpoint CTM 4: Ski Slope Red Eye (Fence) (1) Checkpoint CTM X: Maintenance Area Pond (1) (Access via a trail behind golf maintenance building or bushwhack from the CTM 7) Checkpoint CTM 6: Ski Slope (Locher Bowl\White Lightning Ski Slope sign)(2) Checkpoint CTM 7: Water Treatment Station (Concrete Platform, Redeye)(1) Checkpoint CTM 8: Giraffe by Bryce Ski school (Near the Finish Line)(1) Checkpoint CTM 9: Sky Bryce Airport (Near Airplane, deck railing) 1)		
	Race Director 202-438-9084	CP# 9				
Transition Area Facilities						
						
Checkpoint Notes = Racers <u>must</u> stay off the active mountain bike course and golf course. Each Checkpoint is worth 1 point unless specified. All Racers must cross the finish line by 7:00PM. Each minute you are late returning to the finish line your team loses one checkpoint.						

LEG 00		Bryce Lodge			Puzzle Challenge	
	Race Director 202-438-9084		Map# N/A		Leg Notes: This challenge can be completed any time during the race Each team needs to build two different squares. A clue is given every five minutes to solve the puzzle.	
			CP# 2			
Transition Area Facilities						
Start/TA/ Finish						
Transition Area Facilities						
Checkpoint ZZ - One is a four piece square (1 Point) Checkpoint XX - One is a five piece square (1 Point) Total Checkpoint on the course = <u>38 Perfect Score</u>						